



Alcohol and Drug Abuse Prevention Training (ADAPT)

An 8-hour program for individuals needing education about the physical, mental, and social effects of alcohol and other drugs.

A variety of topics are addressed:

- *Myths & Facts*
- *Progression of Dependency*
 - *Addiction as a Disease*
- *Medical Consequences of Substances*
- *The Functional Addict or Alcoholic*
- *Stages of Change*
- *Lifestyle, Stress & Coping*
 - *Addiction & Treatment*
- *Family & Addiction Dynamics*
- *The Process of Recovery*

Offered on the following Saturdays from 10:00 AM to 6:00 PM:

2022

- | | |
|--|--|
| <input type="checkbox"/> January 15 | <input type="checkbox"/> July 16 |
| <input type="checkbox"/> March 5 | <input type="checkbox"/> September 17 |
| <input type="checkbox"/> May 14 | <input type="checkbox"/> October 29 |

Dates subject to change without notice

- STEMMONS & WALNUT HILL** 2636 Walnut Hill Ln, Suite 345, Dallas, TX 75229
(between Shady Trail & Harry Hines)

Call in Advance to Pre-register

(214) 350-2223

www.genesistx.org

Cost: \$125