



Alcohol and Drug Abuse Prevention Training (ADAPT)

An 8-hour program for individuals needing education about the physical, mental, and social effects of alcohol and other drugs.

A variety of topics are addressed:

- *Myths & Facts*
- *Progression of Dependency*
 - *Addiction as a Disease*
- *Medical Consequences of Substances*
- *The Functional Addict or Alcoholic*
- *Stages of Change*
- *Lifestyle, Stress & Coping*
 - *Addiction & Treatment*
- *Family & Addiction Dynamics*
- *The Process of Recovery*

Offered on the following Saturdays from 10:00 AM to 6:00 PM:

2021

- | | |
|--|--|
| <input type="checkbox"/> February 6 | <input type="checkbox"/> August 7 |
| <input type="checkbox"/> April 3 | <input type="checkbox"/> October 2 |
| <input type="checkbox"/> June 19 | <input type="checkbox"/> December 4 |

Dates subject to change without notice

- **GARLAND/ MESQUITE 11325 Pegasus St Suite W-149, Dallas, TX 75238**

- **STEMMONS & WALNUT HILL 2636 Walnut Hill Ln, Suite 345, Dallas, TX 75229**
(between Shady Trail & Harry Hines)

Call in Advance to Pre-register

(214) 350-2223

www.genesistx.org

Cost: \$80