Alcohol and Drug Abuse Prevention Training (ADAPT)
An 8-hour program for individuals needing education about the physical, mental and social effects of alcohol and other drugs.

A variety of topics are addressed:

- Myths & Facts
- Progression of Dependency
- Addiction as a Disease
- Medical Consequences of Substances
- The Functional Addict or Alcoholic
- Stages of Change
- Lifestyle, Stress & Coping
- Addiction & Treatment
- Family & Addiction Dynamics
- The Process of Recovery

Offered on the following Saturdays from 9:00 AM to 5:00 PM:

2020

| January 25 | June 13 |
| March 7 | July 25 |
| March 28 | September 26 |
| April 25 | November 7 |
| May 16 | December 12 |

Dates subject to change without notice

- GARLAND/ MESQUITE 12035 Shiloh Rd., Suite 310, Dallas, TX 75228 (Shiloh Rd., Exit 11B, IH-635, LBJ)
- STEMMONS & WALNUT HILL 2636 Walnut Hill Ln, Suite 345, Dallas, TX 75229 (between Shady Trail & Harry Hines)

Call in Advance to Pre-register

(214) 350-2223
www.genesistx.org
Cost: $80