



## ***Alcohol and Drug Abuse Prevention Training (ADAPT)***

An 8-hour program for individuals needing education about the physical, mental and social effects of alcohol and other drugs.

A variety of topics are addressed:

- *Myths & Facts*
- *Progression of Dependency*
- *Addiction as a Disease*
- *Medical Consequences of Substances*
- *The Functional Addict or Alcoholic*
- *Stages of Change*
- *Lifestyle, Stress & Coping*
- *Addiction & Treatment*
- *Family & Addiction Dynamics*
- *The Process of Recovery*

**Offered on the following Saturdays from 9:00 AM to 5:00 PM:**

**2020**

- |                     |                       |
|---------------------|-----------------------|
| ● <b>January 25</b> | □ <b>June 13</b>      |
| □ <b>March 7</b>    | ● <b>July 25</b>      |
| ● <b>March 28</b>   | □ <b>September 26</b> |
| □ <b>April 25</b>   | ● <b>November 7</b>   |
| ● <b>May 16</b>     | □ <b>December 12</b>  |

**Dates subject to change without notice**

- **GARLAND/ MESQUITE** 12035 Shiloh Rd., Suite 310, Dallas, TX 75228  
(Shiloh Rd., Exit 11B, IH-635, LBJ)

- **STEMMONS & WALNUT HILL** 2636 Walnut Hill Ln, Suite 345, Dallas, TX 75229  
(between Shady Trail & Harry Hines)

*Call in Advance to Pre-register*

**(214) 350-2223**

[www.genesistx.org](http://www.genesistx.org)

**Cost: \$80**