



Alcohol and Drug Abuse Prevention Training (ADAPT)

An 8-hour program for individuals needing education about the physical, mental and social effects of alcohol and other drugs.

A variety of topics are addressed:

- *Myths & Facts*
- *Progression of Dependency*
 - *Addiction as a Disease*
- *Medical Consequences of Substances*
- *The Functional Addict or Alcoholic*
- *Stages of Change*
- *Lifestyle, Stress & Coping*
 - *Addiction & Treatment*
- *Family & Addiction Dynamics*
- *The Process of Recovery*

Offered on the following Saturdays from 9:00 AM to 5:00 PM:

- | | |
|---------------------------|-----------------------------|
| ● January 19, 2019 | □ July 20, 2019 |
| □ March 2, 2019 | ● August 17, 2019 |
| ● April 6, 2019 | □ September 28, 2019 |
| □ May 11, 2019 | ● November 2, 2019 |
| ● Jun 15, 2019 | □ December 14, 2019 |

Dates subject to change without notice

- **GARLAND/MESQUITE** 12035 Shiloh Rd, Suite 310 Dallas, TX 75228
(Shiloh Rd., Exit 11B, I-H635, LBJ)
- **STEMMONS & WALNUT HILL** 2636 Walnut Hill Ln, Suite 345, Dallas, TX 75229
(between Shady Trail & Harry Hines)

Call in Advance to Pre-register

(214) 350-2223

www.genesistx.org

Cost: \$80