**Alcohol and Drug Abuse Prevention Training (ADAPT)**

An 8-hour program for individuals needing education about the physical, mental and social effects of alcohol and other drugs.

* A variety of topics are addressed:
  - Myths & Facts
  - Progression of Dependency
  - Addiction as a Disease
  - Medical Consequences of Substances
  - The Functional Addict or Alcoholic
  - Stages of Change
  - Lifestyle, Stress & Coping
  - Addiction & Treatment
  - Family & Addiction Dynamics
  - The Process of Recovery

Offered on the following Saturdays from 9:00 AM to 5:00 PM:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>● January 19, 2019</td>
<td>● July 20, 2019</td>
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<tr>
<td>☐ March 2, 2019</td>
<td>● August 17, 2019</td>
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<tr>
<td>● April 6, 2019</td>
<td>☐ September 28, 2019</td>
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<tr>
<td>☐ May 11, 2019</td>
<td>● November 2, 2019</td>
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<tr>
<td>● Jun 15, 2019</td>
<td>☐ December 14, 2019</td>
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</tbody>
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Dates subject to change without notice

- GARLAND/MESQUITE 12035 Shiloh Rd, Suite 310 Dallas, TX 75228
  (Shiloh Rd., Exit 11B, I-H635, LBJ)

- STEMMONS & WALNUT HILL 2636 Walnut Hill Ln, Suite 345, Dallas, TX 75229
  (between Shady Trail & Harry Hines)

*Call in Advance to Pre-register*

(214) 350-2223

www.genesistx.org

Cost: $80