



Alcohol and Drug Abuse Prevention Training (ADAPT)

An 8-hour program for individuals needing education about the physical, mental and social effects of alcohol and other drugs.

A variety of topics are addressed:

- *Myths & Facts*
- *Progression of Dependency*
 - *Addiction as a Disease*
- *Medical Consequences of Substances*
- *The Functional Addict or Alcoholic*
- *Stages of Change*
- *Lifestyle, Stress & Coping*
 - *Addiction & Treatment*
- *Family & Addiction Dynamics*
- *The Process of Recovery*

Offered on the following Saturdays from 9:00 AM to 5:00 PM:

January 27, 2018

March 3, 2018

April 7, 2018

May 12, 2018

Jun 16, 2018

July 21, 2018

August 18, 2018

September 22, 2018

November 3, 2018

December 8, 2018

Dates subject to change without notice

GARLAND/MESQUITE 12035 Shiloh Rd, Suite 310
(Shiloh Rd., Exit 11B, I-H635, LBJ)
Dallas, TX 75228

Call in Advance to Pre-register

(214) 350-2223

www.genesistx.org

Cost: \$80