



Alcohol and Drug Abuse Prevention Training (ADAPT)

An 8-hour program for individuals needing education about the physical, mental and social effects of alcohol and other drugs.

A variety of topics are addressed:

- *Myths & Facts*
- *Progression of Dependency*
 - *Addiction as a Disease*
- *Medical Consequences of Substances*
- *The Functional Addict or Alcoholic*
- *Stages of Change*
- *Lifestyle, Stress & Coping*
 - *Addiction & Treatment*
- *Family & Addiction Dynamics*
- *The Process of Recovery*

Offered on the following Saturdays from 9:00 AM to 5:00 PM:

January 19, 2017

January 28, 2017

March 4, 2017

April 8, 2017

May 13, 2017

June 17, 2017

July 22, 2017

August 26, 2017

Dates subject to change without notice

GARLAND/MESQUITE 12035 Shiloh Rd, Suite 310
(Shiloh Rd., Exit 11B, I-H635, LBJ)
Dallas, TX 75228

Call in Advance to Pre-register

(214) 350-2223

www.genesistx.org

Cost: \$80